

## IN BRIEF ...

# NEUROTECHNOLOGIES AND THE PREVENTION OF TORTURE AND OTHER CRUEL, INHUMAN, OR DEGRADING TREATMENT OR PUNISHMENT: DEVELOPMENTS AND IMPLICATIONS

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## INTRODUCTION

The rapid advancement of neurotechnology presents unprecedented opportunities and challenges for human rights protection, particularly regarding the prohibition of torture and other cruel, inhuman, or degrading treatment or punishment. As brain-computer interfaces (BCIs),<sup>1</sup> neural monitoring systems,<sup>2</sup> and cognitive enhancement technologies<sup>3</sup> mature, their potential applications in detention facilities, contexts of examination and interrogation, and correctional systems demand careful examination.<sup>4</sup> This analysis explores how emerging neurotechnologies' use might both strengthen protections against torture and other cruel, inhuman, or degrading treatment or punishment yet also possibly create new vulnerabilities that require robust ethical and legal frameworks for prevention.

## BENEFICIAL APPLICATIONS IN PREVENTION OF MISTREATMENT

Neurotechnologies offer several promising avenues for the prevention and detection of torture. Advanced neuroimaging techniques, including functional magnetic resonance imaging (fMRI) and other non-invasive medical tests such as electroencephalography (EEG), can potentially serve as objective tools for documenting psychological trauma resulting from abuse.<sup>5</sup> These technologies may provide forensic evidence of the neurological impact of a person's mistreatment, thus offering victims scientific documentation that surpasses subjective testimony.<sup>6</sup>

Brain-computer interfaces (BCIs) designed for therapeutic purposes could potentially assist torture survivors in rehabilitation.<sup>7</sup> Neurofeedback systems<sup>8</sup> could assist individuals recovering from trauma-induced conditions such as post-traumatic stress disorder (PTSD) by enabling real-time monitoring and modulation of brain states associated with anxiety, depression, and hypervigilance.<sup>9</sup> Such applications could significantly improve treatment outcomes for torture survivors.<sup>10</sup>

In addition, neurotechnologies could be used to enhance monitoring systems within detention facilities. Wearable devices capable of measuring indicators of stress, sleep patterns, and neurological biomarkers of distress could alert supervisory authorities to conditions suggestive of substandard detention conditions, abuse or mistreatment.<sup>11</sup> If implemented transparently with appropriate oversight, these systems could serve as early warning mechanisms to prevent mistreatment before it occurs.<sup>12</sup>

## RISKS AND POTENTIAL FOR ABUSE

However, the same neurotechnologies capabilities that might promise greater protection for individuals also present grave risks for abuse. Neurotechnologies could enable sophisticated forms of psychological torture that leave no physical evidence. Advanced brain stimulation techniques, including transcranial magnetic stimulation (TMS)<sup>13</sup> and deep brain stimulation (DBS), could in theory be adapted for harmful purposes to inflict psychological suffering, manipulate cognitive function, or to coerce confessions.<sup>14</sup>

The capacity for such monitoring raises profound concerns regarding mental privacy and psychological autonomy. Access to neural data could facilitate breaches of the right to privacy, with mistreatment reflecting a violation of cognitive liberty; the fundamental right to mental autonomy and self-determination over one's neurological processes.<sup>15</sup> Those within public authorities such as law enforcement conducting questioning might avail themselves of devices enabling neural behavioural monitoring; this could potentially exploit psychological vulnerabilities.<sup>16</sup>

Moreover, the potential for neurotechnological enhancement of interrogation techniques presents serious ethical challenges.<sup>17</sup> Neurotechnology-based techniques to detect deception or extract information founded directly on neural activity might create challenges for legal systems, potentially undermining the principle that individuals cannot be compelled to testify against themselves.<sup>18</sup>

## TECHNICAL IMPLEMENTATION: CHALLENGES

Technical limitations currently place curbs on both the beneficial and harmful applications of neurotechnology in the context of mistreatment. Neural signals remain difficult to interpret reliably, and individual variations in brain structure and function complicate their development.<sup>19</sup> The nature of invasive BCI-based neurotechnologies also presents practical barriers to widespread implementation due to the need for surgical intervention.<sup>20</sup>

A further critical consideration is that resource and expertise constraints may pose additional challenges to the prevention of mistreatment, especially in jurisdictions where mechanisms to prevent torture and other cruel, inhuman, or degrading treatment or punishment are weaker or non-existent.<sup>21</sup> As such, it might be argued that the sophisticated clinical demands required for advanced neurotechnologies use may limit their accessibility precisely where they could provide the greatest benefit. Training requirements for proper implementation further complicate deployment in resource-constrained environments.<sup>22</sup>

Questions of data security and system integrity for neurotechnologies applications also present ongoing technical challenges.<sup>23</sup> Neural monitoring-based systems vulnerable to unauthorised access or manipulation could be exploited to hide evidence of abuse or to falsify evidence of mistreatment. Ensuring reliability and security of these systems may therefore require substantial investment in cybersecurity measures and technical safeguards.<sup>24</sup>

## HUMAN RIGHTS AND ETHICAL FRAMEWORK IMPLICATIONS

The integration of neurotechnologies into torture prevention efforts necessitates careful consideration of fundamental ethical principles. The principle of human dignity demands that any technological intervention preserve the inherent worth and autonomy of individuals, particularly those in vulnerable positions such as detainees. Neurotechnologies must enhance rather than diminish human agency and self-determination.

The role of informed consent in providing a basis for collecting and processing neural data from an individual also presents particular challenges in the context of detention, where power imbalances may compromise voluntary decision-making. The development of robust consent protocols that take account

of potentially coercive environments is essential for ensuring ethical implementation.<sup>25</sup>

The development of neurotechnologies has to date highlighted concerns regarding the right to privacy and the protection of people's individual autonomy.<sup>26</sup> The need to protect cognitive liberty, encompassing mental privacy and protection from cognitive harm, necessarily places constraints on the use of neurotechnologies with regard to contexts such as civil and criminal justice systems. Indeed, widening of the scope of the safeguards afforded under the right to privacy may require greater elucidation and recognition as a fundamental human right deserving explicit legal protection.<sup>27</sup>

## POTENTIAL ADAPTATIONS TO LEGAL FRAMEWORKS

Existing international legal frameworks prohibiting torture may require adaptation or elucidation to address specific developments in neurotechnologies. For example, the UN Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment articulates that the term “means any act by which severe pain or *suffering*, whether physical or mental, is *intentionally* inflicted on a person...”.<sup>28</sup> In essence, clarification regarding induced psychological harm on the basis of the use of neurotechnologies may be necessary.<sup>29</sup>

Domestic legal systems may need to amend existing legal frameworks governing the use of neurotechnology in civil and criminal justice. Legislation may need to be adopted or adapted to establish clear boundaries regarding permissible applications, mandate oversight mechanisms, and provide remedies for victims where neurotechnologies are abused.<sup>30</sup> The development of professional standards for officers working in detention facilities will also likely prove necessary to ensure effective supervision of neurotechnologies' use.<sup>31</sup>

## CONCLUSIONS

Neurotechnologies present both significant opportunities and serious risks for the prevention of torture and other cruel, inhuman, or degrading treatment or punishment and, more broadly, human rights protection. While these technologies may offer the promise of highly capable tools for detecting, documenting, and healing the effects of torture and other cruel, inhuman, or degrading treatment or punishment on individuals, they also create new possibilities for sophisticated methods of abuse. The realisation of neurotechnologies' beneficial potential while mitigating its risks requires proactive review and development of both legal frameworks and technical safeguards.

The international community should engage further in dialogue to refine the appropriate framework for governance of neurotechnologies. Success in harnessing the benefits of neurotechnology for the prevention of torture and other cruel, inhuman, or degrading treatment or punishment will require not only technical innovation but also necessitate institutional innovation in the form of new mechanisms of governance, oversight bodies, and accountability frameworks.

## POSSIBLE QUESTIONS FOR FURTHER RESEARCH:

1. How can international legal frameworks be adapted to address forms of torture and other cruel, inhuman, or degrading treatment or punishment resulting from the misuse of neurotechnologies while also preserving applications that provide for legitimate therapies and treatment?
2. What technical standards and safeguards are necessary to prevent the misuse of neurotechnologies in detention facilities?
3. How should the right to privacy be defined and protected in an era of neurotechnologies and the increasingly advanced monitoring capabilities of the human nervous system?
4. What oversight mechanisms and accountability frameworks will prove most effective for governing

the use of neurotechnologies in justice systems?

5. How can the benefits of neurotechnologies for the prevention of torture and other cruel, inhuman, or degrading treatment or punishment be made more accessible in resource-constrained environments where the need for safeguards may prove greatest?

## END NOTES

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